

# THE SQUEAL

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### Board of Directors

President-Tim Rabbitt  
Past Pres-Scott Young  
1<sup>st</sup> Vice-Vicky Swederska  
2<sup>nd</sup> Vice-Teddi Speeler  
3<sup>rd</sup> Vice-Rob Halama  
Secretary- Becky Speeler  
Treasurer-Sandy Halama  
Tail Twister-Bill Belcher  
Lion Tamer-Fred Yoder

### Directors:

Sharon Christ, John Gregory,  
Mike Swederska, Patrick  
Rabbitt

## April Presidents Message

Dear Fellow Lions,  
WOW!

What a humbling experience to serve in such a GREAT LIONS CLUB WITH SUCH AMAZINGLY GENEROUS GREAT SERVANTS. You are generous with your time, your talents, and your treasure, thank you! After attending the district convention on Saturday March 23<sup>rd</sup> with other Lions clubs where our own lion Teddi Speeler received the International Presidents Award for service, congratulations Lion Teddi you go girl! I can see we are part of a greater district and part of the greatest and largest service organization in the world.

At the installation my theme was to be different. Not to fundamentally transform our club but to appreciate the good things of our club and try to build on them and make it better with each passing week. What a night that was. Another thing I want to help to do is to create memories. Thank you for

allowing me the freedom to be different. Ken Hammontree and his wife Dianne put on an amazing show that we will not soon forget. Thank you for treating me and everyone that comes and volunteers or attends one of our events with dignity and respect that is one thing that attracted me to become a member. Lion Scott has given us something to shoot for under his leadership we were able to give approximately \$105,000.00 to our community and other lion causes, we serve. Congratulations to all of our Melvin Jones, and Lions of the year winners. Thank you all for your examples of outstanding service to your community.

With the installation of our new officers and our first board meeting behind us, I am reminded that talk is cheap but action speaks. Vision without action is a daydream. Action without vision is a nightmare. (Japanese Proverb.) Thank you board members for volunteering to be my fellow servant and help me run with this vision.

So as we move forward we have some great traditions to build upon. Speaking of traditions, Lion Larry M. Schumaier has volunteered to be the community activities chairman. Thank you lion Larry. Lion Larry is a class act and will need help so be sure and sign up to help him with opening day of baseball, Saturday April 27<sup>th</sup>, Firehouse open house October 5<sup>th</sup>, Make a difference Day TBD and the day before Thanksgiving for the "Turkey Day" lunch we serve the High School football cheerleaders, players, coaches, bus drivers, administrators, and any fans that happen to walk in.

Speaking of High School one of my goals is to establish a partnership with youth in our community. Ever look around at one of our BVQ's and wish there were some young men and women to help? Where are they? Where were you when you were a young person? I know some of us still are. They are at our local High Schools, Colleges and church youth groups. We have to make it a fun experience for them and leave them with a hunger to come back again and bring a friend. I have been corresponding with Pam Morrow at the High School and she is helpful in helping me find students that may want to earn community service hours for the National Honor Society,

Student Athletes Award, Sports fans and students that may just want to do something different. I told her hanging out with the Lions would be different. Please help me make every one of the young people feel welcome, which I know you will. "To love what you do and feel that it matters how could anything be more fun?"

Katherine Graham.  
We know this is true now we get the opportunity to teach it to some young people. These are a few ideas but if anyone of you has an idea come and tell me, I promise I will listen. We may not go with every new idea but you never know it doesn't cost anything to talk it over.

Starting to get the idea this club president likes good quotes? I will be sharing many more in the months ahead. Let me end with one from Helen Keller. "No pessimist ever discovered the secrets of the stars or sailed to an uncharted land, or opened a new doorway for the human spirit." Let's go open some doorways!

Thank you for your service and allowing me to serve with you.

President Lion Tim Rabbitt

Remember our Lions Motto  
"We Serve"

**Got News**  
**Send it to Lion Teddi Speeler**  
**You can email her or call her @314-724-3721**

## UPCOMING EVENTS

April 11<sup>th</sup> Business Meeting  
@ The Hearth room 6:30pm

April 12-13 BBQ on Watson Rd. The old Sappington Market

April 25<sup>th</sup> General Meeting @  
The Hearth Room 6:30pm

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Lion of the Year  
Greg Hanser  
Leo Christ

Melvin Jones Awards  
Fred Yoder  
Patrick Rabbitt

Outstanding Lion Awards  
Becky Speeler  
Teddi Speeler

Distinguished Service Award  
Shur-Way Auto Body

Perfect Attendance  
20 members

Key members Pins  
Ryan Whittington 2  
Dennis Donze 20

Several people got their chevrons for many years of service.

Way to go Lions.

I'm sure proud to be a Webster Groves Lion. I hope You are too.

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**From the Tail Twister**

The tail twister has asked that everyone wear a Cardinal shirt or a red shirt to the meeting on Thursday night or you will pay a fine.

Don't forget to wear a lion's pin, too.

Thanks from your Tail twister Lion Bill.

**Lions Night at th Races**

June 1<sup>st</sup> is our annual spring trip to the races. Once again we are planning to go on a school bus to Fairmount Race Track. It is always a good time. Everyone Welcome! The cost will be around \$30.00. This will include your buffet dinner at the track, transportation, drinks on the bus, a program of the races. So come out to fellowship with your fellow Lions.

**April is Volunteer Month**

I am ordering Volunteer Pins that we can wear with pride because after all we are all volunteers. Our new president is trying to get the students from the School district to help earn service hours. We can also give

them a pin for helping with our events.

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**Dare Graduations**

Lions,

The DARE graduations have begun. The first was at Mary Queen of Peace at 2pm on Apr. 2nd. The handouts have been updated with our Lion's logo right next to the Webster Police logo, along with our logo with big thanks for the funding on the back. If you are not aware, DARE, Drug Awareness Resistance Education, is taught to the 5th grade classes in the parochial schools. Webster public schools don't have the time to commit to this program, and teach a modified version of another program.

Our club donates \$3,000, and is the only funding the DARE program gets. This allows the Webster Police to teach the 5th graders how different drugs, along with smoking affect the body. If our donation can keep just one child from experimenting with drugs or smoking, it is worth it. They also talk about bullying, and how to avoid being bullied.

There are two graduations left on the schedule.

Apr. 18, 2pm at Holy Redeemer on East Lockwood

Apr. 19, 2pm at Holy Cross, Elm and Glendale (Annunciation)

All Lions are invited, just wear a Lions shirt. You will hear the best of the best essay's the kid's write, see the kid's get their awards, and hear how much the Webster Police appreciate our donation. Come one come all. You will understand why this is important to our club and our community.

Yours in Lionism  
Lion Greg Hanser

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I am placing an order for club supplies. I know some of you have asked about ordering things if you want to order a vest or anything else for that matter see me I have a catalog you can look through and then place your order with me. You will need to write a check to the club for these items. I will send out the order by April 20<sup>th</sup>.

Thanks Lion Teddi

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April BBQ is coming up this weekend if you have an hour or two to help serve. It would be appreciated. All are WELCOMED! Thank you in advance for those who are working. Remember it takes all of us working together to make thing work. See Lion Becky she has the sign-up sheet.

## Districts Events

April 14<sup>th</sup> Lions Luau Missouri School for the Blind

April 19-20<sup>th</sup> Mid-South Leaders Weekend Memphis, TN

April 26-28<sup>th</sup> State Convention Kansas City

May 19<sup>th</sup> College of Knowledge House Springs Lions

May 28<sup>th</sup> Eye Glass Wrap at the Ferguson Lion's

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Hey Lions the USA/Canada Forum is coming up in September from the 19-22nd. You might be wondering why you want to attend a Leadership forum? Well here is your answer. To develop leaders, motivate and educate attendees, provide an open exchange of ideas, and support programs and goals of Lions Clubs International. The Webster Groves Lions board of directors has offered to pay our fees for the forum and give us a little spending money. Your Hotel fees are paid by you. I am checking into cost for the train. (Am- Trak.) If you are interested in going please see Lion Teddi to get your reservation going.

Helen Keller asked the Lions to become.  
"Knights for the Blind"

## April is National humor Month

So this is the perfect time to add a little humor into your daily routine. After all many studies have shown that laughter can actually improve your health. The fact is that laughter itself changes us philologically. Like exercise or waving your arms around it boosts the heart rate and increases blood flow, so we breathe faster and more oxygen is delivered to the body's tissues. Our facial muscles stretch and we actually burn calories when laughing. Here are some fun facts that you might want to pass along.

\*Laughter Reduces Stress: When stressed, we produce a hormone called cortisol. Laughter can reduce cortisol levels.

\*Laughter can reduce pain: Laughter causes to produce endorphins, which are natural, pain killing hormones.

\*Laughter helps the Heart: When we laugh we increase blood flow and the function of the blood vessels.

\*Laughter strengthens the Immune System: A good hearty laugh decreases stress hormones and increases production of T-Cells infection- fighting antibodies.

\*Laughter Relaxes the whole body: One good belly laugh can relieve physical tension and relax your muscles for up to 45 minutes.

\*Laughter helps you recharge: By reducing stress laughter can help you focus and achieve more.

So, not only is a great giggle a lot of fun, it's good for you! And like yawning, laughter is contagious. By opening yourself up to more humor in your daily life you may have a positive effect on those around you. Smile cost nothing so pass it on.

## Joke of the Month

### Only a Grandmother would know

— A cup of tea made with Cold Water—

One day my grandma was out, and my grandpa was I in charge of me. I was maybe 2 ½ years old. S Someone had given me a little "tea set" as a gift, And It was my favorite toys.

Grandpa was in the living room engrossed in the evening news when I brought him a little cup of tea, This was just water. After several cups of tea and lots of praise for such yummy tea, my grandma came home.

My grandpa made her wait in the living room to Watch me bring him a cup of tea, because it was Just the cutest thing. Grandma waited and sure Enough, here I came down the hall with a cup Of tea for Grandpa, she watched him drink it up.

Then she said, (as only a grandma would know), "Did it ever occur to you that the only place she can reach to get water is the toilet."

### FUN FACTS

— Kites were used in the American Civil War to Deliver letters and newspapers.

The University of Alaska spans four times zones.

Nine out of every 10 living things lives in the Ocean.

Astronauts can't belch – there is no gravity to Separate liquid from gas in their stomachs.

The Earth gets 100 tons heavier everyday due to Falling space dust.

Everything weights one percent less at the Equator.

The moon moves about 2 inches away from Earth each year.

People in the nudist colonies play volleyball more Than any other sport.

Until next time Happy Reading  
Your Editor, Lion Teddi

